



Singlehanded Sailing Society
The LongPac
June 19 – June 25, 2013
Sailing Instructions

1 RACING RULES

1.1 The Race will be governed by the 2013-2016 International Sailing Federation [ISAF] Racing Rules of Sailing [RRS] as adopted by the United States Sailing Association [USSA], including the USSA Sailing Prescriptions, the 2013 Northern California Performance Handicap Racing Fleet Rules and Guidelines [PHRF], except as any of these are altered by the Notice of Race [NOR], the Sailing Instructions [SI], and any amendments to the SI. Additionally, the requirements of the appropriate measurement or handicap rules will apply. Also, the associated One-Design Class Rules will apply to a yacht that submits a PHRF One-Design Rating.

1.2 Between the hours of sunset and sunrise the International Regulations for Prevention of Collisions at Sea [COLREGS] shall replace part 2 of the RRS.

1.3 The Singlehanded Sailing Society reserves the right to amend or add to the racing rules at any time up to the start of the Race, such amendments being immediately promulgated to all entrants.

2 CLASSES

2.1 Singlehanded and Doublehanded divisions will be determined after the close of entries on June 5, 2013. Divisions will be emailed to race entries and posted on the web at www.sfbaysss.org.

3 SCORING

3.1 Scoring will be calculated using the time on distance allowance for PHRF and MPHRF. The calculated distance for the Race is 400 miles.

4 START

4.1 The Race will start on Wednesday June 19, 2013.

5 STARTING TIMES

5.1 The first warning signal will be made at 1155 hours. Thereafter, classes will start at 5-minute intervals.

11:55:00	Warning
12:00:00	Start - Fleet A Spin 108 and Under
12:05:00	Start - Fleet B Spin 109 and Above
12:10:00	Start - Fleet C Sportboat and Express 27
12:15:00	Doublehanded
12:20:00	Multihull

6 STARTING LINE

6.1 The starting line is between an orange banner on the Corinthian Yacht Club race deck and an inflatable buoy off the Corinthian Yacht Club, leaving the buoy to Port.

7 COURSE

7.1 The course is from the start, to any point on Longitude 126 degrees 40 minutes West [this modifies RRS 28.1], then to the finish.

8 FINISH

8.1 The finish line is from an orange flag on the Corinthian Yacht Club race deck flagpole, extending to the Point Stuart buoy (R "4", FI R 2.5s). The line shall be crossed leaving the race deck to Port.

8.2 The Race Committee will attempt to staff the finish line continuously from 1800 hours on Friday, June 21st, through 1800 hours on Tuesday, June 25th.

8.3 Each yacht shall hail the Race Committee on VHF channel 71 when it is within radio range of Corinthian Yacht Club and is preparing to finish. The yacht shall announce its Boat Name and Sail Number to the Race Committee. This hail should be made no later than crossing under the Golden Gate Bridge.

8.4 Each skipper shall record his or her own finish time, based on the time display on the boat's GPS receiver. As soon as possible the skipper shall notify the Race Committee of his or her finish time by telephone to (866) SailSSS [866-724-5777].

8.5 If finishing between Dusk and Dawn, each skipper shall illuminate the yacht's mainsail so that its finish can be seen and recorded.

9 CHECK IN

9.1 Each boat shall check in with the Race Committee prior to the Warning Signal on VHF radio channel 71, advising the Race Committee of the boat's name and sail number, and receiving an acknowledgment from the Race Committee. A boat that fails to contact the Race Committee and receive acknowledgement successfully by radio will be scored "Did Not Start."

10 RESTRICTED AREAS

10.1 No part of a boat shall cross any of the imaginary lines described below. A boat violating this rule may not "unwind" to correct the violation [this modifies RRS 28.1]. A yacht that enters a restricted area may elect to be disqualified, restart, or accept an alternative penalty of 2 hours added to their corrected time. A yacht wishing to take this alternative penalty must immediately hail the Race Committee on VHF channel 71 and so inform them [this modifies RRS 44].

[a] A line from the **H beam** near St. Francis Yacht Club, extending southward to the shore.

[b] A line from the buoy marking **Anita Rock**, extending southward to the shore.

[c] A line from the center of the **South Tower** of the Golden Gate Bridge, extending southward to the shore.

[d] A line from the buoy marking **Little Alcatraz** Rock, extending to the nearest point on Alcatraz.

[e] A line from the buoy marking **Point Stuart** extending to the nearest point on Angel Island.

11 PROTESTS AND PENALTIES

11.1 A protesting boat shall [this modifies RRS 61.1(a)]:

[a] Display a red protest flag at the first reasonable opportunity and keep it displayed for one hour or until the protested boat can no longer be seen, whichever occurs later; and

[b] Display a red protest flag again as it approaches the finish and continue to display the protest flag until it has finished; and

[c] Submit the protest in writing according to the form prescribed by RRS and deliver by email to SAIL@SFBAYSSS.ORG OR BY mail to SSS LongPac, PO 828, Alameda CA 94501 to the Race Committee no later than 24 hours after the time limit of the Race. Verbal notification of the intent to protest must be given within 1 hour of the protesting yacht's finish.

11.2 Protests will be heard by the Protest Committee as soon as is practical. Penalties for infringements of the rules shall be in accordance with RRS 44.

12 WITHDRAWING FROM THE RACE

12.1 A boat that does not finish within the time limit or withdraws from the Race for any reason shall attempt to notify the Race Committee of the fact by VHF radio channel 71 as soon as the boat is within radio range. If the boat is unable to make radio contact, then the skipper shall contact the Race Committee by telephone voicemail to SSS at 866-714-5777 (866-SAIL-SSS), by email to SAIL@SFBAYSSS.ORG, or by any other effective means, as soon as possible. Participating boats are encouraged to relay VHF transmissions if it is apparent that a boat is unable to communicate directly with the Race Committee.

12.2 Failure to comply with the above requirement will result in the skipper being refused entry in any race sponsored by the Singlehanded Sailing Society until March 1, 2014.

13 TIME LIMIT

13.1 A yacht shall start no more than four hours after its Starting Signal.

13.2 In order to be scored as a finisher, a yacht must finish no later than 2400 hours Pacific Daylight Time Tuesday, June 25, 2013 [this modifies RRS 35].

13.3 If the start was postponed for one hour or more, the time limit for finishing will be extended by an amount of time equal to the duration of the postponement.

13.4 If 50% of the yachts that started have not finished by the time limit, it may be extended at the discretion of the Race Committee.

14 AMENDMENTS

14.1 Written changes to the Sailing Instructions may be distributed at the skippers meeting and shall prevail over these instructions. Verbal changes may be made over VHF channel 71 up until the Warning Signal. Flag L will be flown if any verbal changes are announced.

15 POSITION REPORTING

15.1 Each yacht shall record its latitude and longitude twice daily at 0800 PDT and 2000 PDT hours.

15.2 The format to record this position for position reporting is AAAA LLMM LLLMM followed by any additional information, where AAAA is a 4-letter code representing the first 4 letters of the yacht name, LLMM is latitude degrees and minutes, and LLLMM is longitude degrees and minutes. (GEORGIA's position report in code would read GEOR 3826 12522.)

15.3 Each yacht shall report its recorded position to the Race Committee no later than 0830 PDT and 2030 PDT hours daily in one of these two methods.

[a] by EMAIL to LONGPAC@SFBAYSSS.NET, sending the position report in the body of the email, or

[b] by TEXT message to (415) 237-2589.

15.4 The yacht will receive a confirmation text after a successful text transmission. Email transmissions will not be confirmed.

15.5 A yacht failing to report its position once in any 24 hour period will be penalized 1 hour in its elapsed finish time for each occurrence.

16 MARKS OF THE COURSE

16.1 The STARTING BUOY will be an inflatable mark approximately 100 yards to windward of the Corinthian Yacht Club Race Deck.

16.2 The TURNING POINT LONGITUDE is 126 degrees, 40 minutes. The LATITUDE of the TURNING POINT for each yacht shall be determined by its skipper.

16.3 The FINISH BUOY is POINT STUART navigational buoy, NOAA chart 18653, R "4" Red FL 2.5 sec located at approximately 37 degrees, 51 minutes N latitude, 122 degrees, 26 minutes W longitude, off the west corner of Angel Island.

17 PERSONAL FLOTATION DEVICES REQUIRED

17.1 Rule 40 is deleted and replaced with, "All competitors shall wear personal flotation devices while racing and on deck."

17.2 Flag Y will not be flown.